



PART 1: The best question ever!

INTRODUCTION

What if there was a question that would clarify your best option for ninety percent of the decisions you make in life—a question that answers just about everything? It would have the potential to fool proof your relationships, marriage, finances, calendar, pace, and health. It would reduce the complexity of your life. It would save you time, money and tears. You would carry around less regret. And best of all, you wouldn't have to apologize nearly as much.

DISCUSSION QUESTIONS

1. Have you ever tried to talk yourself into a bad decision? If you are willing, share that sales pitch with the group.
2. What are some ways you've seen people allow their emotions and desires lead their decision making?
3. Read Ephesians 5:15–17. What are some of the cultural currents that make it difficult for people today to make wise choices?
4. How might your life be different if you made decisions in light of your past experience and current circumstances?
5. During the message, Jason said, "Knowing your future vision will lead to a great decision" Think about your future hopes and dreams. What are some opportunities you're in danger of missing if you make unwise choices?
6. What is one area of your life about which you need to ask, "What's the wise thing for me to do?" How can this group support you in asking that question?

MOVING FORWARD

Of every invitation, opportunity, relationship, or decision, ask "What's the wise thing to do?" If you were going to do the wise thing, what would it be? By asking this question, we are reminded of how much our Heavenly Father loves us and has a plan for our lives.

CHANGING YOUR MIND

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Ephesians 5:15–16